Direction directionservice.org

Direction (LIENT RESOURCE GUIDE)





Your guide to inclusive activities, camps, and community supports available to youth and families with disabilities in Lane County. Give us a call at 541-686-5060 or visit us online at <u>www.directionservice.org</u>



1144 Gateway Loop, Suite 200 Springfield, OR 97477 541-686-5060

Facebook @DirectionService | Twitter @DirSvcLane | YouTube DirectionServiceLane

Direction Service is a multi-program family support organization that has helped youth with special needs, and their families since 1976. This resource guide is available at www.directionservice.org. Please feel welcome to duplicate and distribute this directory to others who may benefit. If you have questions, please call 541-686-5060 or email Angela Holt at aholt@directionservice.org. Inclusion in this resource guide does not constitute an endorsement by Direction Service.

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(Updated 4/1/2024)

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Adaptive Recreation Services - City of Eugene - Inclusive to those with a disability

Provides year-round community-based recreational, social, and educational programs for Eugene area children, teens, and adults with disabilities. Participants are provided with the opportunity to develop new skills, enhance awareness of their community and natural environment, build self-confidence, and recognize personal potential. Inclusion services are available upon request (i.e., sign interpretation for individuals with hearing impairments, program modification, service animals, information in large print, adapted equipment). Individuals must apply and meet certain eligibility requirements. Scholarships available. Website available in Spanish

Contact:

2580 Hilyard Street Eugene, OR 97405 541-682-5311

www.eugene-or.gov

Adventure! Children's Museum - Inclusive to all abilities

The perfect indoor play option for small children! The Adventure! Children's Museum features many interactive exhibits including: a scavenger hunt, a flight test table, a Pacific Northwest camping experience, Shakespeare's Globe Theatre, building sets, a soft rock play area, an art room, a midcentury newsroom, a tree house library and so much more. Some exhibits rotate seasonally. Private room available for birthday parties. Located in the upper level of Valley River Center, adjacent to Rife's Home Furniture.

Contact:

490 Valley River Center Eugene, OR 97401 541-653-9629

<u>adventurechildrensmuseum@gmail.com</u> <u>www.adventurechildrensmuseum.org</u>

Amazon Pool - Inclusive to all abilities

Outdoor pool open May-October. Features a beginner pool, sand play area, hot tub, 50-meter by 25-yard pool, 5-meter diving tower and a multipurpose pool with interactive play features including a water slide. Accessible to people with disabilities.

Contact:

2600 Hilyard Street Eugene, OR 97405 541-682-5350

doug.r.smith@ci.eugene.or.us www.eugene-or.gov/Amazon-Pool

Arc of Lane County - ESTEAM - Inclusive to school-aged children with developmental disabilities

ESTEAM provides classroom instruction and hands-on activities that will open youths' minds to different ideas and teach them how to be creative and flexible problem-solvers. With ESTEAM, youth will discover their strengths and interests and learn new skills, enhance critical thinking skills by learning how to identify, analyze and solve problems, and make new friends in a supportive environment. ESTEAM accepts private pay or pay through the Oregon Department of Human Services Employment-Related Daycare Program. Limited scholarships are available for Lane County residents. Website available in Spanish and promotes diversity, equity, and inclusion

Contact:

4181 E Street Springfield, OR 97478 541-343-5256

info@arclane.org www.arclane.org





Bounce Gymnastics and Circus Arts Center

The mission at Bounce is to have lots of fun in our unique gymnastics and aerial school that will develop life-long skills for children of all ages and abilities. They offer gymnastics, aerial, and ninja classes as well as open gym sessions and camps. All participants must sign a waiver.

Contact:

329 W 3rd Avenue Eugene, OR 97401 541-343-4222

naja@bouncegymnastics.com www.bouncegymnastics.com

Boys and Girls Clubs of Emerald Valley

The Boys and Girls Clubs of Emerald Valley serves youth ages 6-18 and offers a variety of activities ranging from homework help, computer labs, various arts, and recreation. The Club provides after-school youth development programs and is open during school vacations and most no-school days, including spring break, summer vacation, and holiday breaks. The Clubs' programs reflect an emphasis on Education, Career Readiness, Character and Leadership Development, Health and Lifeskills, the Arts, Sports, Fitness, and Recreation.

Contact:

1545 W 22nd Avenue Eugene, OR 97405 541-345-9939

members@bgcev.net www.bgcev.org 5305 Royal Avenue Eugene, OR 97402

Bridgeway House Recreation - Inclusive to youth with autism

Bridgeway House offers a variety of programs for individuals who are on the autism spectrum. Recreation activities include Game Night, Family Swim, Fitness Classes, and Social Groups providing a supportive setting for children to practice social skills. Summer day camps are available for children ages 6-18 years old.

Contact:

P.O. Box 10639 Eugene, OR 97440 541-345-0805

<u>bridgewayhouse@comcast.net</u> <u>www.bridgewayhouse.org</u>

Cascades Raptor Center

Cascades Raptor Center is a nature center and wildlife hospital specializing in birds of prey, and has one of the largest collections of native raptor species in the Pacific Northwest. Get up close with over 30 birds in large outdoor aviaries. They are open to the public year-round and can schedule educational programs both onsite and offsite for students of all ages. Also offering field trips and group tours by appointment.

Contact:

32275 Fox Hollow Road Eugene, OR 97405 541-485-1320

info@cascadesraptorcenter.org www.cascadesraptorcenter.org





Eugene Public Libraries - Inclusive to all abilities, neurodivergent, all genders/pronouns, and LGBTQIA

Eugene public libraries offer a wealth of resources of knowledge including computers and printing, books, audiobooks, DVD's, CD's, ebooks, streaming services, newspapers, magazines, consumer reports, genealogy exploration, tax information, homework help, and book groups in a box. Your Eugene Public Library card provides the opportunity to check out a wide variety of tools, toys, and other items for learning, creativity, and fun. From cameras to sewing machines to robotics kits, our Library of Things offers ways to explore new interests, learn new skills, and borrow instead of buying. Library of Things item availability and events vary per location. Website available in Spanish

Contact:

Downtown Library 100 W 10th Avenue Eugene, OR 97401 541-682-5450 Bethel Branch 1990 Echo Hollow Road Eugene, OR 97402 LibraryAskUs@ci.eugene.or.us Sheldon Branch 1566 Coburg Road Eugene, OR 97401 www.eugene-or.gov/Eugene-Public-Library

Eugene Science Center

Empower children and their families to use science through hands-on learning, creative problem-solving, and discovery in a stimulating and fun environment. They offer field trips, workshops, and special events throughout the year. Camps on no-school days, spring break, summer, and holidays are also offered. Education programs are planned by professional staff committed to the Eugene Science Center's mission: to engage children, excite their curiosity, inspire them toward a lifelong love of science, and empower them to use science and technology to improve their communities.

Contact:

2300 Leo Harris Pkwy Eugene, OR 97401 541-682-7888

info@eugenesciencecenter.org www.eugenesciencecenter.org

Fun for All - Inclusive to all abilities, neurodivergent, all genders/pronouns, and LGBTQIA

Fun for All is a free drop-in program at various Eugene City parks during the summer. Activities include arts and crafts, sports, games, storytellers, special events, and opportunities through the City of Eugene's Outdoor School. Children 0 -18 years old can participate in the planned activities (children 7 and under must be accompanied by a parent or sibling at least 15 years old). Accommodations and supports are available for persons who may need additional services to be included in the recreation services. Website available in Spanish

Contact:

100 W. 10th Avenue, Suite 321 Eugene, OR 97401 541-682-5333

<u>bhernandez@eugene-or.gov</u> <u>www.eugene-or.gov</u>

Interagency Access Pass - Inclusive to the blind or permanently disabled

The Interagency Access Passport is a lifetime entrance pass to most national parks, monuments, historic sites, recreation areas, and national wildlife refuges that charge an entrance fee. The Passport admits the pass holder and up to 3 accompanying passengers in a private vehicle. Available to citizens or permanent residents who are medically determined to be blind or permanently disabled.

Contact:

1400 Independence Avenue SW Washingtion, DC 20250-0003 800-270-7504

info@fs.fed.us www.fs.fed.us





Little League Challengers - Inclusive to all abilities and neurodivergent

Challenger Division Teams are coed with players ages 4 - 18, or 22 if participating in transition programs. Each team plays 8 - 12 games per season beginning in late April or early May and continuing through June. A soft tee ball is used and players may hit off a tee or from a pitch thrown by an adult or older youth. **All Games are played in Salem and there is no fee for players thanks to donations and sponsorships.** Players are issued a uniform, shirt, and hat. All equipment is provided.

Contact:

4835 Noren Avenue NE Keizer, OR 97303 503-428-2680

ORD7Challengers@gmail.com www.clubs.bluesombrero.com

Making Magic Tours

Making Magic Tours provides a travel experience for people with developmental disabilities that fosters friendships, builds self-confidence, and encourages independence through community inclusion. Travel experiences include the Oregon Coast, Oregon Jamboree, Wildlife Safari, Pendleton Round-up, Columbia Gorge Sternwheeler Cruise, Sunriver Resort, and Oregon Camping Retreat. Cost varies with the specific trip. The registration form is available online.

Contact:

P.O. Box 40878 Eugene, OR 97404 866-546-5180

makingmagictours@comcast.net www.MakingMagicTours.com

Mobility International, USA

Various international and local exchange programs are offered in the summer. Host opportunities are available. Youth and young adult programs focus on leadership development and cross-cultural understanding. Partial scholarships are available for all programs.

Contact:

132 East Broadway, Suite 343 Eugene, OR 97401 541-343-1284

<u>clearinghouse@miusa.org</u> www.miusa.org

National Academy of Artistic Gymnastics

Classes are offered for children with developmental delays including children with Autism Spectrum Disorder, Sensory Processing Disorder, ADHD, Down Syndrome, and Genetic Disorders.

Contact:

1205 Oak Patch Road Eugene, OR 97402 541-344-2002

programs@naag-gymnastics.org www.naag-gymnastics.org





River Road Parks and Recreation District

General recreational programs and swim lessons will be available throughout the summer. Schedules will be available at the Parks and Recreation office and on the website. Fees vary with the program. Summer day camps are available for ages 4 and up. Website available in Spanish

Contact:

1400 Lake Drive Eugene, Or 97404 541-688-4052

info@rrpark.org www.rrpark.org

Soaring Spirit Therapeutic Equestrian Center

For children and adults with physical, developmental, emotional or learning challenges, and at-risk youth. Riders experience increased balance, muscle control and strength, and improved sensory integration. Other benefits include improvement with social skills, speech and communication skills, self-esteem, concentration, self-control, confidence, patience, empathy, and respect for self and others.

Contact:

82811 Marlow Road Eugene, OR 97405 541-514-6357

soaring spirit therapeutic@yahoo.com

Specialized Advocacy - Inclusive to adults with developmental or intellectual disabilities

Specialized Advocacy offers Community Inclusion Activities and Community Living Supports (such as bowling, cooking, and crafts) for young adults with disabilities. Groups meet on different days of the week for activities they have organized and planned. Some groups focus on organization and planning for daily living skills and others focus on social activities in the community. Community living supports are available on a 1:1 basis and include independent living skills training, in-home visits, consultations, and general problem-solving for better living.

Contact:

P.O. Box 1223 Eugene, OR 97440 541-684-3961

www.specializedadvocacy.com

Special Olympics of Eugene/Springfield - Inclusive to those with intellectual disabilities

Summer Special Olympics offers softball, golf, track and field, gymnastics, and bocce. A variety of seasonal sports are offered. The activities are for school-age athletes in Elmira, Eugene, Harrisburg, Junction City, Leaburg, Marcola, Noti, Springfield, and Veneta. Athletes need to have the Special Olympic medical form signed and returned to receive registration information. Call for further information.

Contact:

P.O. Box 35 Springfield, OR 97477 541-431-3245

<u>eugene-springfield@soor.org</u> www.soor.org





Springfield Public Library - Inclusive to all abilities, neurodivergent, all genders/pronouns, and LGBTQIA

This library offers a wealth of resources and knowledge including audiobooks on CD, and streaming/downloadable audiobooks, books, book sets, cultural passes, curriculum bins, energy meters, magazines, physical and digital articles, music, theme kits & exploration kits, bags of books, videos, DVD, BluRay, video games, and Wi-Fi Hotspots. This library also offers events for adults, teens, children, storytimes, and book clubs. We offer programs in Spanish for adults, children, and families. All events are free. Website and online library available in Spanish

Contact:

225 5th Street library@springfield-or.gov
Springfield, OR 97477 www.wheremindsgrow.org/espanol
www.wheremindsgrow.org/espanol

STILE - Inclusive to those with developmental or intellectual disabilities

The KindTree-Autism Rocks Skill Training for an Independent Living Experience program (STiLE), provides group skill training to adults on the autism spectrum and others with developmental disabilities by providing disability-related supports that encourage community engagement, healthy habits, communication, socialization, independence, and work readiness.

Contact:

P.O. Box 40847 Eugene, OR 97404 541-780-6950

STILE@kindtree.org www.kindtree.org/stile

Trips Inc., Special Adventures - Inclusive to those with intellectual or developmental Disabilties

Trips provide travel outings for people of various abilities in a safe, respectful, and fun atmosphere. They are designed for people with developmental disabilities and other disabilities that require staff assistance for a safe and enjoyable vacation. Destinations include Las Vegas, Disneyland, Hawaii, Washington DC, London, San Diego's SeaWorld, and Central Oregon Camping. Prices vary with the trip chosen for ages 18 and older. The brochure and photo gallery are available online.

Contact:

P.O. Box 10885 Eugene, OR 97440 541-686-1013

trips@tripsinc.com www.tripsinc.com

Warren H Daugherty Aquatic Center - Inclusive to all ability levels

The therapy pool at the Aquatic Center in Cottage Grove is accessible to people with all levels of physical abilities. Their therapy pool is 90-92 degrees and has a gradual descent from 3 - 5 feet in depth. The pool is equipped with a handicapped lift as well as shallow entry steps. Submerged benches line the shallow end allowing for comfort and physical therapy in the warm water.

Contact:

1440 S 8th Street Cottage Grove, OR 97424 541-942-5533

<u>Shane.dye@slane.k12.or.us</u> https://www.slane.k12.or.us/capool





Willamalane Park and Recreation District

Willamalane offers hundreds of classes, sports, fitness, and recreation activities for all ages and interests! Schedules are available at the Willamalane office. Camps are available for youth 3-19 years of age. Website available in various languages and promotes diversity, equity, and inclusion

Willamalane has a new landing page for Spanish-speaking community members! willamalane.org/bienvenidos

Contact:

250 S. 32nd Street Springfield, OR 97478 541-736-4544

willamalane@willamalane.org www.willamalane.org

World Wheelchair Sports

World Wheelchair Sports offers wheelchair racing lessons and experiences all year long. In addition to clinics and competitive events, WWS conducts an equipment loan program for any K-12 student in Oregon working out with their school's track team.

Contact:

3552 George Court Eugene, OR 97401 541-485-1860

wwscoach@efn.org facebook.com/wheelchairsports





B'nai B'rith Day Camp

Camp is a vibrant and inclusive Jewish camp serving the Pacific Northwest (Oregon, Washington and British Columbia) since 1921. BB Camp has been a home away from home for generations of campers of different ages, backgrounds, denominations, and abilities. Our unique culture is built on sharing fun experiences in a welcoming environment that inspires all campers to grow, and develop enduring Jewish identities. BB campers eagerly look forward to our summer camps and all-age year-round programs where they join their camp family in activities like boating on Devil's Lake, challenging themselves on the ropes course, or laughing with friends while learning a new dance.

Contact:

9400 SW Beaverton Hillsdale Hwy, Suite #200 Beaverton, OR 97005 503-496-7450

<u>cbourdeau@bbcamp.org</u> <u>www.bbcamp.org/eugene</u>

Boy Scouts of America – Cub Camp

The Oregon Trail Council for Boy Scouts of America offers camping experiences for boys in grades 1-12. Overnight camping is offered to Cub Scouts, grades 1-5. Activities include archery, bb guns, crafts, games, and water front play. Online registration is open.

Contact:

Boy Scouts of America 2525 Martin Luther King Blvd.

Eugene, OR 97401 541-485-4433 MelakwaDirector@gmail.com www.otcbsa.org

Camp Attitude

Overnight camps for campers ages 3-17 who experience physical or cognitive diagnoses and their families. This staff is dedicated to providing a unique Christian camping experience for families in the disability community. **2024 Camp is full, email or call to be added to the waitlist**

Contact:

45829 S Santiam Highway Foster, OR 97345 541-401-1052

<u>camp@campattitude.com</u> www.campattitude.org

Camp Erin by Providence

Camp Erin® Portland is a free, weekend bereavement camp for youth who are grieving the death of a significant person in their lives. Children and teens ages 6 to 17 attend a weekend camp experience that combines grief education and emotional support with fun, traditional camp activities.

Contact:

36410 NE Halsey Street, Suite 300 Portland, OR 97213 503-953-6745

<u>CampErinPortland@providence.org</u> https://www.providence.org/camp-erin





Camp Fire Wilani

Camp Fire Wilani is a progressive youth development organization that serves youth and families with profoundly inclusive Summer Camp, Outdoor School, Adventure, and Service Learning Programs. We serve youth at our historic location in Veneta, Oregon – tucked into the Coast Range foothills. Our administrative office is in Springfield, Oregon.

Contact:

380 Q Street, Suite 260 Springfield, OR 97477 541-342-6338

campfire@wilanicouncil.org www.wilanicouncil.org

Camp Harlow

Faith-based summer day camp sessions are for ages 5-9. Summer overnight sessions are for grades 1-12. Activities include rock wall climb, horse programs, swim lessons, zip line, go carts, bumper boats, games, crafts, poolside café, and bookstore. Registration forms and specific camp descriptions are available on the website.

Contact:

3850 County Farm Road Eugene, OR 97408 541-683-5416

office@campharlow.com www.campharlow.com

Camp Korey

Camp Korey provides medical condition-specific summer camps for children ages 7 to 17. These campers spend their week living in cabins with other campers navigating similar medical journeys. They get to try new things, make friends, and build connections with other families. Camp sessions can include archery, arts and crafts, equestrian, campfire, stage night, Silly-O, fishing and boating, outdoor exploration, pool parties, cabin chat, and entries into the Book of Firsts.

Contact:

24880 Brotherhood Rd. Mt. Vernon, WA 98274 360-416-4100

info@campkorey.org www.campkorey.org

Camp Meadowood Springs

Camp experience for individuals and their families impacted by communication or social learning challenges. Available to children and teens who have a diagnosis that affects speech or social learning, receive speech therapy or social skills training, do not qualify for educational services but could benefit from them, or neurotypical siblings or peers. 7-14 years old (or entering 1st through 9th grade).

Contact:

77650 Meadowood Road Weston, OR 97886 541-276-2752

<u>camp@meadowoodsprings.org</u> www.meadowoodsprings.org





Camp Millennium

Camp Millennium is for children ages 5-16 with a cancer diagnosis. Children from Oregon can apply through physicians, self-referral, and support groups. Campers are accepted on a first-come, first-serve basis. Camp activities include hiking, arts and crafts, fishing, archery, and swimming.

Contact:

Camp Millennium Office 2880 NW Stewart Pkwy, Suite 200 Roseburg, OR 97471 541-677-0600

<u>campmoregon@gmail.com</u> www.campmillennium.org

Camp Odakoda

We offer a one week typical summer camp experience for 10-18 year old individuals with autism. We provide an opportunity to engage in activities that will help campers grow and expand their social experiences, foster independence, and support positive mental health. We provide opportunities for campers with autism to enjoy their uniqueness, take pride in their strengths, and just have fun!

Contact:

12042 SE Sunnyside Road, #450 Clackamas, OR 97015 503-320-3103

Misti@asdoregon.org www.asdoregon.org/

Camp Stand By Me

Easterseals Camp Stand By Me is an inclusive, barrier-free environment for children and adults with disabilities to experience all the joys of camp without limitations. Camp is about all the things children and adults CAN do: swim, canoe, sing, eat s'mores, build lifelong friendships and more. With low staff to camper ratios and an on-site registered nurse, we can serve children and adults of any ability level.

Contact:

17809 S. Vaughn Road, KPN Vaughn, WA 98394 253-884-2722

<u>campadmin@wa.easterseals.com</u> <u>www.wa.easterseals.com</u>

Camp Taloali

Camp Taloali is for Deaf, Hard of Hearing, CODAS's, siblings and signing friends, 7-15 years of age. Activities include hiking, swimming, horseback riding, fishing, arts/crafts, and campfires for different age groups.

Contact:

15934 N Santiam Hwy SE Stayton, OR 97383 503-998-0142

director@taloali.org www.taloali.org





Camp Tapawingo

This week-long summer camp is for children with bleeding disorders. Camp Tapawingo is open to children 8 - 17. Children 16 and 17 years old are eligible to apply for the Counselors-in-Training program offered at Camp Tapawingo. Recreation includes swimming, canoeing, arts and crafts, archery, environmental science, and outdoor recreation. Staff include an around-the-clock physician and nurse as well as counselors, many with bleeding disorders. All applications must be received online by June 1st. Scholarships are available through Pacific Northwest Bleeding Disorders. To obtain the online registration link, please email PNWBD at info@pnwbd.org. Camp Tapawingo is located in Falls City, OR.

Contact:

Pacific Northwest Bleeding Disorders 456 SW Monroe Ave, Suite #105 Corvallis, OR 97333 541-753-0730

info@pnwbd.org www.pnwbd.org

Camp Ukandu

Children eligible for UKANDU must be living with a cancer diagnosis, between the ages 8 - 18, and not a high school graduate. Each eligible camper is invited to bring one sibling to camp. Oncologists in Oregon and Southwest Washington receive applications and pass them on to the parents of their patients. Parents need to submit this application to the Camp Ukandu office. The Teen Retreat is a weekend for teenagers 14 - 18 to spend time with others and away from the anxieties of cancer. To sign up, speak with the child's oncologist's office. Promotes diversity, equity, and inclusion

Contact:

601 SW 2nd Avenue, Suite 2300 Portland, OR 97204 503-276-2178

info@campkandu.org www.campukandu.org

Camp Yakety Yak

Camp Yakety Yak is a social skills day camp supporting friendship development in children with special needs, ages 5 - 15. Siblings and peer models welcome! Every week campers participate in specialized social skills curriculum, cooking activities, outdoor play, sports games, art and music, sibling snack group, and whole-group activities such as recess and assemblies with the weekly theme incorporated. Camp dates and rates are available online. Scholarships and early bird discounts are available.

Contact:

40 McNary Pkwy Lake Oswego, OR 97035 971-303-3901 (cell)

office@campyaketyyak.org www.campyaketyyak.org





Courageous Kids Camp

Camp is to provide grief support for children and teens, ages 6 - 18, who have experienced the death of a loved one. Professionals provide therapeutic activities of art, music, sand play, storytelling, drama, swimming, and adventure group challenges. Camp is held at the Kiwanis Sky Camp on Fall Creek Reservoir.

Contact:

677 E 12th Avenue
Eugene, OR 97401

458-205-7474

AWootton1@Peacehealth.org
www.courageouskidseugene.org

Easter Seals Oregon

Camp Easter Seals offers residential camping experiences for children and adults, ages 10-59+ with physical or developmental disabilities. Camp includes an indoor-accessible swimming pool, horseback riding, boating, fishing, campfire programs, and creative arts. There is a 3:1 camper to staff ratio. Applications are available online. Financial assistance is available for campers with demonstrated needs. Camps are held at Evans Creek Retreat located in Lyons, OR.

Contact:

Easter Seals Oregon Office 7300 SW Hunziker St, Suite 103 Portland, OR 97223 503-228-5108

<u>camp@or.easterseals.com</u> www.easterseals.com/oregon

Eugene Family YMCA

The YMCA offers a variety of camping experiences for ages 3-13. Check for appropriateness for children with severe disabilities. Camp counselor experience is available for high school students. Call for dates, fees, and more information. 2024 Summer Camp Brochure

Contact:

600 E 24th Avenue Eugene, OR 97405 541-686-9622

youth@eugeneymca.org/ www.eugeneymca.org/

Eugene Science Center

Camps offer children the chance to develop hands-on learning experiences, creative problem solving, and discovery in a stimulating and fun environment. Each one-week session runs from 9 am - 4 pm for youth grades 1 - 8. Check the website for camp dates and costs.

Contact:

Eugene Science Center 2300 Leo Harris Parkway Eugene, OR 97401 541-682-7888

info@eugenesciencecenter.org www.eugenesciencecenter.org





Family Retreats

Family Retreats and International Family Retreats offer a haven for special needs families. Families are cared for, encouraged, and rejuvenated in a Christ-centered, fully accessible camp environment. Each retreat site provides worship, teaching, and fun age-appropriate activities, and cultivates meaningful connections with families who understand the challenges of life with a disability. Hosted by Twin Rocks Friends Camp in Rockaway Beach, OR.

Contact:

Family Retreats <u>sfuller@joniandfriends.org</u> 360-349-4094 <u>www.joniandfriends.org</u>

Gales Creek Camp

Summer camp programs for children and teenagers with type 1 diabetes. Campers attend the grade level of the year just completed in school. Activities include arts and crafts, dancing, cooking, soccer, softball, and swimming. Also, educational classes help each child grow towards living an independent life. Campers learn to monitor and manage their diabetes. They will learn how food and exercise are linked to insulin and how sports, illness, and stress interact with diabetes.

Contact:

Gales Creek Camp Foundation 6950 SW Hampton Street, Suite 242 Tigard, OR 97223 503-968-2267

office@galescreekcamp.org www.galescreekcamp.org

Girls Scout Summer Camp - Camp Cleawox

Camp Cleawox offers programs in archery, horseback riding leadership, kayaking, canoeing, windsurfing, swimming, pottery, drama, crafts, and nature. The program's focus is to teach girls about themselves and others while practicing and learning new skills. There are many different sessions held for girls entering grades 1-12. Website available in Spanish

Contact:

Girl Scout - Eugene Service Center 72 C Centennial Loop, Suite 300 Eugene, OR 97401 541-246-1241

answers@girlscoutsosw.org www.girlscoutsosw.org

Jordan Kent Skills Camps

Jordan Kent Skill Camps welcome all campers of any background or ability and take pride in the relationships we build during the week. Each camp will offer valuable sports training in football, basketball, baseball, soccer, and speed/agility. Check for appropriateness for children with severe disabilities. Boys and girls ages 6-12 are welcome to participate. All campers will receive a shirt, custom socks, snacks, and post-camp handouts.

Contact: info@jordankentcamps.com
1-888-832-6984 (voicemail only) www.jordankentcamps.com





KindTree Autism Camp and Retreat

This weekend retreat is designed around the needs of those living with autism. Parents and caregivers can bring their children and relax in a safe and nurturing environment. Weekend activities include music, canoeing, arts and crafts, games, campfires, and walks on the beach. The camp is at Siltcoos Lake near Florence, Oregon.

Contact:

PO Box 40847 <u>admin@kindtree.org</u> Eugene, OR 97404 <u>www.kindtree.org</u>

MDA Camp

Camp is for children and youth ages 8-17, who have neuromuscular diseases, and have registered with the Muscular Dystrophy Association. This free camp was held in Welches, Oregon, but due to health concerns has moved to a virtual format. For more information, contact the Muscular Dystrophy Association by phone or email. 2024 summer camps will be held online.

Contact:

MDA Headquarters 1016 W Jackson Boulevard, #1073 Chicago, Illinois 60607 800-572-1717

camp@mdausa.org www.mda.org

Mt. Hood Kiwanis Camp

Camp offers award-winning, unique, and innovative summer camp opportunities for children and adults with developmental disabilities ages 12 and up. In addition to the Main Camp program, they offer off-site programming for individuals seeking a higher level of independence and adventure.

Contact:

83500 E Kiwanis Camp Road Governemtn Camp, OR 97028 503-452-7416

info@mhck.org www.mhkc.org/summer-camp/

National Academy of Artistic Gymnastics

Camps are offered for children aged five and older. Activities include gymnastics, games, trampoline, arts and crafts, themed props, structured play, swing dance, and field trips. Only ten children per group are allowed. Classes are also offered for children with developmental delays including children with Autism Spectrum Disorder, Sensory Processing Disorder, ADHD, Down Syndrome, and Genetic Disorders.

Contact:

1205 Oak Patch Road Eugene, OR 97402 541-344-2002

programs@naag-gymnastics.org www.naag-gymnastics.org





Northwest Christian Camp for the Deaf

This camp is available to deaf and hard of hearing children or children of deaf and hard of hearing parents and their siblings. It is located near Rockaway, Oregon. Special rates are available for younger children coming with parents. Sports, swimming, crafts, and Bible studies are available.

Contact:

PO Box 21011 Salem, OR 97307 503-390-2433

nwccd2011@yahoo.com www.gmdeaf.org

Rainbow Society Camp

Celebrate gender diversity while building confidence, resilience, and kinship with nature through wilderness skills like camouflage, archery, edible plants, and more! Rainbow society is designed for gender diverse campers, but anyone is welcome to join

Contact:

Whole Earth Nature Camps PO Box 5223 Eugene OR 97405 541-937-5437

ContactUs@WholeEarth.org www.wholeearth.org

SAIL Camp

UO's Summer Academy to Inspire Learning (SAIL) Camps are free to incoming 9th-12th grade students who qualify for Free and Reduced Lunch. The program is run by volunteer UO faculty, with different opportunities available at each grade level. Camps run from 9 am - 3 pm Monday through Friday on the U of O campus. Bus passes and lunch will be provided free of charge. Students in the program are also eligible for mentoring by college students on goal-setting, college prep, and tutoring. Applications are available online.

Contact:

5285 University of Oregon Eugene, OR 97403-5285 541-346-1131

<u>sailstaff@uoregon.edu</u> <u>www.sail.uoregon.edu</u>

UO Duck Trails Camp

Day camp options for youth ages 5-14. Summer 2023 camps include classic camps, sports camps, imagination factory, cooking camp, climbing or outdoor adventure, esports arena, empowerU, and a junior counselor program. EmpowerU camp is open to female-identifying youth ages 11-14 with activities that build self-confidence and life skills.

Contact:

1273 University of Oregon Eugene, OR 97403 541-346-4183

<u>src@uoregon.edu</u> <u>www.rec.uoregon.edu/ducktrails</u>





Upward Bound Camp

The purpose of Upward Bound Camp is to provide on-going Christian based recreational and educational camp experiences for persons with disabilities, twelve years of age and over in an environment that presents opportunities for growth outside the individual's usual routine or habitat.

Contact:

40151 Gates School Road Gates, OR 97346 503-897-2447

camp@UpwardBoundCamp.org
www.upwardboundcamp.org/

Whole Earth Nature Camps

Celebrate gender diversity while building confidence, resilience, and kinship with nature through wilderness skills like camouflage, archery, edible plants, and more! Cost depends on the camp that is chosen (scholarships available). Varying nature overnight and day camps are available for youth ages 3-16.

Contact:

Whole Earth Nature School PO Box 5223 Eugene, OR 97405 541-937-5437

<u>ContactUs@WholeEarth.org</u> www.wholeearth.org/summer/

Willamalane Park and Recreation District

Willamalane offers hundreds of classes, sports, fitness, and recreation activities for all ages and interests! Schedules are available at the Willamalane office. Camps are available for youth 3-19 years of age. Website available in various languages and promotes diversity, equity, and inclusion

Willamalane has a new landing page for Spanish-speaking community members! willamalane.org/bienvenidos

Contact:

250 S. 32nd Street Springfield, OR 97478 541-736-4544

willamalane.org www.willamalane.org





Arc of Lane County

The Arc provides a variety of programs to help parents who are raising a child with a disability. Family services provided include the jump start preschool, esteam youth program, community connectors, and families connected. Families Connected is a program created for families by families raising a child with a developmental disability. It fosters, collaborates, and coordinate connections to reduce isolation and build community. Services include support groups, family training, mentoring, community access, and advocacy for children with disabilities and their siblings.

Website and parent support group available in Spanish and promotes diversity, equity, and inclusion

Contact:

4181 E Street Springfield, OR 97478 541-343-5256

nancy.berge@arclane.org www.arclane.org

Autism Society of Oregon

The Autism Society of Oregon is our state's leading organization providing resources, education, advocacy on policy matters and support for individuals and families living with Autism. Our goal is to inform, uplift, and connect members of our amazing community, making it easy to find the support you need for yourself or your loved ones.

Contact:

9320 SW Barbur Blvd., Suite 240 Portland, OR 97219 1-888-288-4761

info@AutismSocietyOregon.org autismsocietyoregon.org

Bridgeway House

Bridgeway House offers treatments, developmental therapies, enrichment courses, and support to children and families of all income levels with autism and related abilities. Programs include Bridgeway House School, home therapy, social groups, summer day camps, SHAPE groups, and music therapy. Bridgeway House social groups provide a supportive setting for children in small facilitated settings. Arts, crafts, games, field trips, and topic-specific conversations provide children with the opportunity to work on social skills and build lasting friendships with peers.

Contact:

555 E 15th Avenue Eugene, OR 97401 541-345-0805

info@bridgewayhouse.org www.bridgewayhouse.org





Center for Attention and Learning

The Center for Attention and Learning provides assessment and treatment of attention, learning, and behavior disorders in children, teens, and adults. The Center offers neurofeedback in addition to behavior strategies as an alternative to the use of medications in the treatment of ADD, learning disorders, autism spectrum disorder, migraines, and sleep problems.

Contact:

3003 Willamette Street, Suite B Eugene, OR 97405 541-343-9221

office@attentionlearning.com www.attentionlearning.com

Centro Latino Americano

Centro Latino Americano is a bilingual and multicultural agency that works for Latino families in Lane County. All of our staff are bilingual and most of our volunteers and board members are too. Programs include social services, mental health, substance abuse, and youth mentors.

Website and programs available in Spanish and English

Contact:

944 W. 5th Avenue Eugene, OR 97402 541-687-2667

info@centrolatinoamericano.org www.centrolatinoamericano.org

Child Development and Rehabilitation Center

The Child Development Clinic (CDRC) offers diagnosis and assessment for developmental conditions in children and young adults. The Child Development Team assesses children with global developmental delay or intellectual disability, developmental-behavioral problems, ADHD with developmental concerns, autism, or disorders affecting speech, language, or voice. The Feeding Team provides a multi-disciplinary approach to the assessment, treatment, and ongoing management of children with oral-motor feeding skills concerns, nutrition issues, and behavioral issues related to mealtime. The Neurodevelopmental Team serves children with motor-related diagnoses like cerebral palsy, traumatic brain injury, genetic disorders, brachial plexus injury, and other chronic neuromuscular disorders. In addition, the CDRC offers individual Physical, Occupational, and Speech Therapies. Website available in Spanish/Russian and promotes diversity, equity, and inclusion

Contact:

74B Centennial Loop, Suite 100 Eugene, OR 97401 541-346-3575

www.ohsu.edu

Circle of Friends

Circle of Friends was founded on the belief that children and youth with severe disabilities are just like anyone else and deserve opportunities. They provide resources, support, training, and a supportive community that is built on compassion. Through respite care events, day camps, summer programming, and family-friendly events, they are building up natural supports and friendships that will keep families strong.

Contact:

PO Box 2811 Eugene, OR 97402 541-321-0107

jenn@circleoffriendsschool.org www.circleoffriendsschool.org





Connect the Dots Pediatric Therapy

Connect the Dots provides occupational and speech therapy for children. Activities and treatments are based on the individual child's needs, ranging from developmental learning delays, speech and language delays, balance and coordination issues, behavior problems, or general sensory dysfunction. Serve infants through adolescents and their families. Promotes diversity, equity, and inclusion

Contact:

84 Centennial Loop Eugene, OR 97401 541-255-2681

info@ctdpediatrictherapy.com www.ctdpediatrictherapy.com

Crisis Response Program

Riverview Center for Growth manages Lane County's crisis response program, which provides support and help when a child or teen is experiencing a mental health crisis. Many crisis calls are successfully resolved over the phone. Sometimes, however, a crisis requires more involvement. In those cases, a professional crisis response team is available for on-site interventions. Youth or caregivers in Lane County can call the crisis response line 24-hours a day, 365 days a year.

Contact:

3995 Marcola Road Springfield, OR 97477 1-888-989-9990

info@RiverviewGrowth.org www.riverviewgrowth.org

Direction Service Counseling Center

The Direction Service Counseling Center provides the full range of mental health services to very young children, children and adolescents, families, and adults of all ages. We specialize in mood and anxiety disorders, post-traumatic stress disorder, and childhood impulse and behavioral disorders. Our staff are particularly adept to provide services to clients and families who experience developmental disabilities in combination with mental and emotional disorders. Our services include: Comprehensive Assessment, Treatment and Planning, Skill Building, Individual and Family Therapy, Group Therapy and Consultation.

This Counseling Center also offers same day assessments for our out-patient behavioral health program! It is offered Mondays from 12pm to 4pm and Tuesdays from 9am to 1pm. These services are available for all individuals who are on Oregon Health Plan Medicaid insurance with either PacificSource, Trillium or Open Card. They do not offer Psychiatric or Chemical Dependency Services. They offer out-patient behavioral health only.

Contact:

576 Olive Street, Suite 307 Eugene, OR 97401 541-344-7303

smontoya@directionservice.org www.directionservice.org





Direction Service Youth and Family Services

We work with families who have children, youth, or young adults (ages 0-23) with disabilities. Most children and youth referred to our Youth and Family Services have a primary diagnosis of autism spectrum disorder, learning disability, or mental health and behavioral disorders. Our Intake and Outreach team works with families to identify the program and level of care that best meets their needs. Programs include service coordination, skill builders, wraparound facilitation, and healthy transitions.

Our <u>Service Coordinators</u> work one-on-one with youth, ages 0-23, and their families to assist with education-based questions or concerns, systems applications and paperwork, resource navigation, meeting attendance, and call-in support.

Our <u>Skill Builders</u> are Qualified Mental Health Associates who provide on-site support for youth who experience escalated emotions. They help youth develop the needed skills to better regulate their emotions and connect families to supportive services outside of schools and help to change the trajectory of children's lives within the schools.

Wraparound Facilitation is a long-term, intensive planning process that follows a series of steps to help youth and their families to be successful. They serve youth, ages 0-17, in Lane County with significant behavioral and emotional needs. Facilitators spend time getting to know each family and their story and then help the family build a team around the youth, including natural and community supports. They lead monthly team meetings and provide resources and support along the way.

Healthy Transitions positively impacts transition-age youth, ages 16-25, who live in Lane County. They improve access to support and community opportunities for youth who experience mental health challenges, might be outside traditional settings, are marginalized, or are at risk of disconnection from services. They provide an individual with lived experience to work alongside youth, young adults, and their families to support them in achieving individualized goals.

Contact:

1144 Gateway Loop, Suite 200 Springfield, OR 97477 541-686-5060

<u>info@directionservice.org</u> www.directionservice.org/yfs

Early Childhood CARES

The agency provides early intervention and early childhood special education services to infants, toddlers, and preschool-age children in Lane County. Children with suspected developmental delays may be referred by parents, preschool teachers, physicians, or other service providers for a comprehensive screening. If screening indicates that a child may be eligible for services, further evaluations are recommended. Eligibility is determined according to state and federal requirements based on evaluation results. Serves children 0-5 years of age. Early Childhood CARES services include: parent consultation, parent-toddler groups, specialized preschools, consultation to children in community preschools or child care and speech, physical or occupational therapy. Website available in Spanish

Contact:

1500 West 12th Avenue Eugene, OR 97402 541-346-2578 541-346-0742 (Spanish)

<u>eccares@uoregon.edu</u> earlychildhoodcares.uoregon.edu





Eugene Psychological Assessments

Providing evaluations regarding ADHD, Autism, Learning disorders (Dyslexia, Dysgraphia, Dyscalculia), Intellectual disorders, and giftedness/TAG. Assessments regarding a person's executive functioning, emotional/behavioral functioning, intelligence, language and communication skills, learning and memory, and social cognition. They DO NOT provide assessments for people age 31+, SSDI benefits, or legal proceedings.

Contact:

3225 Willamette Street #3F Eugene, OR 97405 541-972-3958

www.eugenepsychassessments.com

Escudo Latino

Supporting the Latino community with information, resources, and referrals from other agencies in Lane County.

Contact:

532 C Street Springfield, OR 97477 541-321-8034

<u>escudolatino2@gmail.com</u> www.facebook.com/escudolatino

FACT Oregon

Our peer support, online training events and videos, and resources equip and empower families, transform how they see disability, and help them have high expectations and dream big dreams for their children. We support families to navigate disability and special education, drawing on the lived experience of our team, many of themselves parents of youth experiencing disability, and we call out the critically important role of parent/caregiver as a child's number one fan and advocate. Support available in many languages

Contact:

2475 SE Ladd Ave. Suite 430 Portland, OR 97214 541-695-5416

<u>support@factoregon.org</u>
<u>www.factoregon.org</u>

Friends of the Children - Lane County

Friends of the Children-Lane County is part of a national network of Friends of the Children chapters across the United States. They connect children – all of whom have unique talents – to a paid, professional mentor called a Friend. Friends support the youth to succeed, despite the extremely challenging situations most experience, from as early as age 4 through high school graduation – 12+ years, no matter what.

Contact:

425 Lincoln Street Eugene, OR 97401 971-205-2463

info@friendslanecountyor.org www.friendslanecountyor.org





H.O.N.E.Y. - Honoring Our New Ethnic Youth

They provide support and advocacy for the enhancement and acceptance of multiracial persons and their families. They believe that in order for the healthy development of interracial families to thrive it is important that racial harmony be attained by our society. Honey strives to create a well-established multicultural community.

Contact: www.facebook.com/groups/HONEY

Hosea Youth Services

At our Resource Center, strategically located on the corner of 8th and Monroe in Eugene, we support at-risk or homeless youth. We provide food, clothing, toiletries, outdoor supplies, showers, laundry facilities, computer access, charging stations, lockers, pet kennels, a napping room, first aid supplies, a toolbox, and a safe place off the streets. While we are meeting many physical needs, ultimately, we are working to develop relationships so we can learn their story and how we can best help them work through their barriers.

Contact:

(Inside the church on 8th & Monroe) 834 Monroe Street Eugene, OR 97402 541-344-5583

joe@hoseayouth.org -www.hoseayouth.org

Kids FIRST

Kids FIRST is Lane County's Children's Advocacy Center. Their mission is to provide intervention and advocacy for children who are victims of, or witnesses to, crime. Children are referred to us directly by our community partners: law enforcement, DHS Child Welfare, and medical professionals. Kids FIRST most often support children from child sexual abuse, physical abuse, severe neglect, or witness to domestic violence. Approximately 3/4 of the children they serve are under age 12.

Contact:

299 E 18th Avenue Eugene, OR 97401 541-682-3938

info@kidsfirstcenter.net www.kidsfirstcenter.net

KindTree - Autism Rocks

Provides support, services, and information to empower and improve the quality of life for individuals and families living with autism, and the professionals who serve them. Featuring peer support groups, music writing and performance, every Friday social groups, intro to adulting, make and take crafts, social skills discussion group, and drawing club.

Contact:

P O Box 40847 Eugene, OR 97404 541-780-6950

<u>autism@kindtree.org</u> www.kindtree.org





Lane County Child and Adolescent Behavioral Health

Services include treatment for children, families, and adults. Services can be accessed through a variety of programs focusing on mental health issues. Child and Adolescent Program provides screening and referral, mental health assessments, psychiatric evaluations and medication management, therapy (individual, family, and group), early childhood interventions, and peer support through Oregon Family Support Network.

Contact:

2411 Martin Luther King Jr. Blvd. Eugene OR 97401 541-682-7253

<u>ellen.thornton-love@lanecountyor.gov</u> www.lanecountv.ora

Lane County Developmental Disabilities Services (DDS)

Lane County Developmental Disabilities Services strives to provide a responsive, cooperative lifespan delivery system of support, training, care, monitoring, protection and crisis response for persons with developmental disabilities and their families. Services are designed to maximize opportunities for self-determination and self-sufficiency. We value integration, independence, and productivity.

Contact:

2513 Martin Luther King Jr. Blvd Eugene, OR 97401 541-682-3695

<u>carla.tazumal@lanecountyor.gov</u> <u>www.lanecounty.org</u>

Lane County Early Assessment and Support Alliance (EASA)

Their purpose is to identify and treat young people at risk of developing psychosis or currently experiencing a first episode of psychosis. EASA team members work together across disciplines to create a program uniquely designed for each client. Services include individual and family counseling, occupational therapy, employment and educational services, peer support, and a medical team.

Contact:

1200 Hilyard Street, Suite 570 Eugene, Oregon, 97401 458-205-7070

<u>LaneEASA@peacehealth.org</u> <u>www.lanecountyeasa.org</u>

Lane County Social Security Administration

Provide services regarding social security numbers and cards, retirement benefits, SSDI disability benefits, medicare, and SSI supplemental security income. You will benefit from calling to schedule an appointment and ask which documents and information will be needed to apply.

Contact:

2504 Oakmont Way Eugene, OR 97401 1-800-772-1213

www.ssa.aov





Lane County Youth Services

Provides assessment, probation, training, counseling, and detention services for all youth, ages 12-17 years old, referred by local law enforcement because of criminal behavior. Their mission is to reduce juvenile crime through coordinated prevention and intervention programs that hold justice-involved youth appropriately accountable; provides restorative, rehabilitative, and treatment services for youth and their families using evidence-based best practices and data-driven decision-making; promote healthy family interactions; prevent, reduce, and resolve family conflict; protect victims' rights during all phases of Court proceedings; and safeguard our communities. The department is organized into units: Administration, Detention and Custody, Food & Nutrition, Restorative Services, MLK Education Center, Phoenix Treatment, and Supervision.

Contact:

2727 Martin Luther King Jr. Blvd. Eugene, OR 97401 541-682-4700

<u>Patti.ROBB@lanecountyor.gov</u> www.lanecounty.org/cms/ys

LILA - Lane Independent Living Alliance

Empowering people with disabilities with services including: advocacy, assistive technology, ADA technical assistance, benefits planning, budgeting, housing searches, job search skills, information and referral, mental health recovery support, peer support, SSI/SSDI application support, and support groups.

Contact:

20 E 13th Avenue Eugene, OR 97401 541-607-7020

lila@lilaoregon.org www.lilaoregon.org

Looking Glass Youth & Family Services

Looking Glass offers a continuum of services, from prevention to treatment, including Counseling, Runaway and Homeless Services, Education & Vocational Services, and Residential Services. A 24-hour information helpline is available at 541-689-3111.

Contact:

1790 West 11th Avenue, Suite 200 Eugene, OR 97402 541-686-2688

admin@lookingglass.us www.lookingglass.us

NAACP - National Association for the Advancement of Colored People

NAACP serves as a source of cohesion for local communities of color. Lane County activities include implementing education programs, public awareness events, community building, and coalition work towards cultural inclusion. Additionally, the Eugene/Springfield NAACP provides support to other regional offices.

Contact:

PO Box 11484 Eugene, Oregon 97440 541-484-1119

web@naacplanecounty.org www.naacplanecounty.org





NAMI Lane County

NAMI (National Alliance on Mental Illness) Lane County is a grassroots, confidential, peer-led mental health organization offering support, education, and advocacy services in Lane County at no cost to the participant. They offer a meltal health resource center, provide updated mental health information through a regular newsletter, host regular support and education meetings for peers and family members, and present workshops regarding mental health topics.

Contact:

129 9th Street Springfield, OR 97477 541-343-7688

resourcecenter@namialane.org www.namilane.org

North Star Pathways

North Star Pathways is a unique center for disabled people in and around Lane County. We have been serving people since July 2014. They empower youth and their families through person-centered thinking, community partnering, and employment-first modeling. After school students will volunteer in the community, tour local businesses, and use their strengths and gifts to guide the program. Youth ages 11 - 17 experiencing a developmental disability, the foster care system, or generational poverty.

Contact:

2809 Shirley Street Eugene, OR 97404 541-972-0775

<u>sydney@northstarpathways.org</u> <u>www.northstarpathways.org</u>

NW Psychiatry

NW Psychiatry offers comprehensive psychiatric assessment & treatment for depression, anxiety, pain management, bipolar disorder, OCD, and other mental health concerns. Dr. Bill Salbador is committed to providing an accurate diagnosis and creating a treatment plan that is unique to each patient. Our mission is to assist you in leading a life free from disruptive and harmful attitudes and behaviors.

Contact:

401 E 10th Avenue, #230 Eugene, OR 97401 541-684-0154

<u>drsalbador@nwpsychiatry.com</u> www.nwpsychiatry.com

Oregon Community Programs (OCP)

They provide a range of evidence-based behavioral health and rehabilitation interventions, including: Treatment Foster Care Oregon (TFCO), Keeping Foster and Kinship Families Supported (KEEP), Parent Child Interaction Therapy (PCIT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), and Services informed by Parent Management Training Oregon (PMTO)

Contact:

1170 Pearl Street Eugene, OR 97401 541-743-4340

info@oregoncp.org www.oregoncommunityprograms.org





Oregon Family Support Network

Oregon Family Support Network supports families who have children with emotional, behavioral, or mental health needs. Child Care is provided at no cost. Call for information regarding dates, times, and locations in Lane County. Programs are also available for youth, ages 11-18, who struggle with mental, emotional, and/or behavioral challenges. OFSN also provides family peer support, their staff members are primarily family members with lived experience. These programs are free.

Contact:

72 A Centennial Loop, Suite 150 Eugene, OR 97401 541-342-2876

natashah@ofsn.net www.ofsn.org

OHSU CaCoon Care Coordination

CaCoon is a statewide public health nurse home visiting program. CaCoon nurses help families coordinate care for their children and youth with special health needs. The program has operated in most Oregon counties for over 20 years. Children served in the CaCoon program make fewer visits to the emergency department. They also have higher rates of immunization, annual well-child, and dental care visits. CaCoon serves children ages 0-21. The most vulnerable families, such as those with anewly diagnosed infant, are prioritized for services.

CaCoon nurses partner with families to identify the child's strengths and needs, connect with healthcare and other community supports, make sure the child's health team works well together, help gather information to make health-related decisions for the child, identify problems and help find solutions. For youth with special health needs aged 12 - 21, some counties offer CaCoon services to prepare for the transition to adult health care, work, and independence.

Contact:

541-682-8720

www.ohsu.edu/occyshn/cacoon

Ophelia's Place

Ophelia's Place is an empowering resource and support center for girls and girl-identified youth ages 10 - 18. Services include resource information, referrals, strength-based counseling by appointment, support groups, skill-building activities, and leadership opportunities. Website available in Spanish

Contact:

1577 Pearl Street #100 Eugene, OR 97401 541-284-4333

info@opheliasplace.net www.opheliasplace.net 1497 Kalmia Street Junction City, OR 97448 541-255-3820

Options Counseling and Family Services

Options Counseling and Family Services provides family preservation, behavioral health services, parenting classes, AFFIRM groups for LGBTQ+ youth, and other family support services to families and individuals in 14 Oregon counties. Website supports LGBTQ+ and BIPOC

Contact:

360 E 10th Avenue, Suite 450 Eugene, OR 97401 541-687-6983

www.options.org





Oregon Post Adoption Resource Center (ORPARC)

The journey doesn't end with adoption; it has just begun. Navigating the path ahead calls for compassionate, trauma-aware, adoption-competent help. We mobilize caregivers, connecting them to community supports that promote hope & healing for their children and youth. ORPARC website includes a library of resources and training videos. Website supports LGBTQ+

Contact:

6443 SW Beaverton Hillsdale Highway, Suite 205 Portland, OR 97221 800-764-8367

orparc@nwresource.org www.orparc.org

Oregon Social Learning Center (OSLC)

OSLC Community Programs is a private nonprofit, collaborative, multidisciplinary research center dedicated to increasing scientific understanding of social and psychological processes related to healthy development and family functioning. This includes the Adolescent and Family Service program that delivers proven treatment for teens with alcohol and drug problems. Website supports BIPOC and LGBTQ+

Contact:

10 Shelton McMurphey Blvd Eugene, OR 97401 541-485-2711

info@oslccp.org www.oslccp.org

Parenting Now

Parenting Now offers parenting education and support services for parents with infants and young children. Programs include Incredible Infants, Wonderful Ones, Terrific Twos, Parents Again (for parents of siblings), Program for Young Parents, Make Parenting a Pleasure, Baby Connections lactation consultation, and Playtime for Parents and Children. Website, group supports, and classes available in Spanish

Contact:

86 Centennial Loop Eugene, OR 97401 541-484-5316

info@parentingnow.org www.parentingnow.org

Pearl Buck Center

Pearl Buck Center in Eugene, Oregon provides support to individuals with a range of intellectual disabilities and their families. Our programs include Pearl Buck Preschool & Family Supports, Supported Living, Community Employment, and more. Through these programs, we strive to foster each person's optimal potential, empower them, and enrich their lives.

Contact:

3690 W 1st Ave. Eugene, OR 97402 541-484-4666

info@pearlbuckcenter.com www.pearlbuckcenter.com





Pearl Duck Autism Center

Pearl Duck Autism Center uses research-supported assessment techniques specific to autism spectrum disorders and developmental disorders to determine appropriate social communication, functional behavior assessment, and other adaptive behavior interventions.

Contact:

3690 West 1st Avenue Eugene, OR 97402 541-762-1680

wmachali@uoregon.edu www.earlychildhoodlane.org

Psych NW

Dr. Scott Alvord and team offer comprehensive treatment recommendations that have the potential to profoundly change lives. We recognize the significance of obtaining accurate diagnoses, as they form the foundation for effective interventions. In times of mental health crisis, our commitment to getting it right from the start remains unwavering. Testing services include adult neuropsychological evaluation and training, pediatric and young adult neuropsychological evaluation and testing, specialty testing clinic (ADHD, LD, and ASD), and forensic neuropsychological evaluation and testing.

Contact:

PO Box 671 Donald, OR 97020 503-877-0711

<u>psychnw@psychnw.com</u> www.alvordpsychological.com

Quality Care Connections of Lane County

Quality Care Connections is a community-based program that works to ensure safe, quality, and affordable child care is accessible to families in Lane County. Trained parent consultants provide personalized referrals to child care options including centers, preschools, school-age recreational programs, and family providers. Parents receive research-based assessment information and other resources.

Contact:

Quality Care Connections 4000 E. 30th Avenue Eugene, OR 97405 541-463-3954

<u>qualitycareconnections@lanecc.edu</u> www.lanecc.edu/lfc

Relief Nursery

Relief Nursery works to prevent the cycle of child abuse and neglect through early intervention that focuses on building successful and resilient children, strengthening parents, and preserving families. Services include early childhood therapy, drug and alcohol recovery support, outreach and crisis intervention, mental health and counseling, healthy families, ancillary services, and respite care.

Contact:

1720 West 25th Avenue Eugene, OR 97405 541-343-9706

development@reliefnursery.org www.reliefnursery.org 850 \$ 42nd Street Springfield, OR 97478 541-485-0007





RISE

RISE provides services for people with disabilities including residential settings, day programs, employment assistance, managed care, and home and community based services.

Contact:

1500 Valley River Drive, Suite 270 Eugene, OR 97401 541-246-3697

info@riseservicesinc.org www.riseservicesinc.org

Riverview Center for Growth (formerly The Child Center)

Provides individualized, diagnostic, therapeutic, and educational services for the emotional and behavioral issues children exhibit in the home, school, and community throughout Lane County. Services include mental health assessments, outpatient services, day treatment services, parenting classes, crisis response services, wellness programs, and peer support from trained staff who have gone through similar life experiences, and will help with skill building, case management, and more!

Contact:

3995 Marcola Road Springfield, OR 97477 541-726-1465

info@RiverviewGrowth.org www.riverviewgrowth.org

Senior and Disability Services

Senior and Disability Services (S&DS) has three full-service offices in Eugene, Florence, and Cottage Grove. These offices provide a multitude of services including Adult Protective Services, case planning and case management for those in need of long term care, determining eligibility for Medicaid and SNAP benefits, information and referral through the aging and disability resource connection, licensing, and monitoring adult foster care homes. Limited service locations in Junction City, Oakridge, and Veneta. Please visit website for contact information for each site.

Contact:

1015 Willamette Street Eugene, OR 97401 541-682-3353

www.lcog.org/sdslane

Smart Living, Learning & Earning with Autism (SLLEA)

SLLEA serves adults with higher functioning autism, working with them to achieve and maintain meaningful independence and self-sufficiency in their lives. Our comprehensive program of autism-specific direct supports, skills and social training, and use of self management technology is carefully designed to foster sustained personal growth and self-confidence across three pivotal adult transition areas: independent living, higher education, and career exploration and meaningful employment.

Contact:

PO BOX 5236

Eugene, OR 97405 <u>info@sllea.org</u> 541-554-7642 <u>www.sllea.org</u>





Thrive Behavioral Health

Down-to-earth, supportive, and collaborative, our behavioral health team provides professional treatment for children and adolescents with a wide range of developmental and behavioral concerns. As part of our family-based approach, we recognize that each household is unique. We work to help your child identify their strengths and build on them, with their health and well-being always at the forefront.

Our areas of focus include but are not limited to behavioral health issues, skill-building for children, developmental delays, autism spectrum disorders, learning disorders, school-related concerns, and family issues. They also offer support with parenting skills, adjustment to divorce or blended family concerns, and behavioral health issues that may arise with chronic pediatric health conditions.

Contact:

995 Willagillespie Road, Suite 200 Eugene, OR 97401 541-246-7263

www.thrivebehavioral.com

Transponder

Transponder is a transgender founded and led nonprofit in Eugene that provides support groups, resources, programs, events, and education for the trans/gender-diverse community and our allies.

Contact:

1185 Arthur Street Eugene, OR 97402 541-321-0872

info@transponderoregon.org www.transponder.community

University of Oregon - HEDCO Clinic

The HEDCO Clinic is a multi-disciplinary, integrated training clinic within the College of Education. Staff are College of Education faculty researchers and clinicians who have developed comprehensive, evidence-based services in the areas of autism, speech-language-hearing, cognitive and language abilities after brain injury, mental health counseling, and academics and learning. The HEDCO Clinic also provides students with unique clinical and research training opportunities in an integrated healthcare setting.

Contact:

1655 Alder Street HEDCO Education Building, Ste. 170 Eugene, OR 97403 541-346-0923

<u>clinics1@uoregon.edu</u> www.hedcoclinic.uoregon.edu

Vista Counseling

Vista is available for educational consultations to address ADHD and learning challenges. With offices in Eugene and Portland and Online Video Therapy throughout all of Oregon, the Vista team is dedicated to helping you reach your full potential. They have helped thousands of individuals, families, and couples overcome conflict, anxiety, eating-disordered behavior, depression, and stress.

Contact:

1531 Pearl Street Eugene, OR 97401 541-517-9733

welcome@vistapsych.com www.vistapsych.com





White Bird Clinic - CAHOOTS

White Bird Clinic offers a wide range of programs and services that are committed to providing client-centered and humanistic approaches to human services. Our highly qualified medical, mental health, and behavioral health professionals strive to meet each person where they are and empower them to regain control of their well-being. Our staff evaluates each person's needs and recommends both in and out-of-house programs and resources to support them in their healing process. Areas of service include basic needs, emergency help, health, recovery, and youth services.

Contact:www.whitebirdclinic.org/services541-342-8255www.whitebirdclinic.org/contact

Youth Era

Youth Era works to empower young people and create breakthroughs with the dedicated systems that serve them. Supports include a drop-in center, young adult peer support specialists, wraparound youth partners, crisis response, training, and technical assistance.

Contact:

PO Box 583 Eugene, OR 97440 971-334-9295

activatethe@youthera.org www.youthera.org





Academic Achievement Center

The Academic Achievement Center offers tutoring services that include homework help, individualized instruction, SAT/ACT preparation, and "no school day" learning camps.

Contact:

435 Lincoln Street Eugene, OR 97401 541-654-4999

info@eugeneaac.com www.eugeneaac.com

Bridgeway House

Bridgeway House provides services to children with autism and their families, including treatment therapies, social groups, support groups, advocacy, and a private school for grades K-12.

Contact:

555 E 15th Avenue Eugene, OR 97401 541-345-0805

office@bridgewayhouse.org www.bridgewayhouse.org

Head Start of Lane County

Head Start offers comprehensive preschool education for children ages 0 - 5 from low-income families. Part-day, full-day, and community childcare are available. Health, social services, translation, nutrition, mental health, special education, advocacy, and parenting education are provided. Applications are accepted year-round. Part-day and full-day programs are available.

Contact:

221 B Street Springfield, OR 97477 541-747-2425

admin@hsolc.org www.hsolc.org

Kids in Transition to School (KITS)

Kids in Transition to School – or KITS – is an evidence-based school readiness program. The program helps boost children's literacy, self-regulation, and social skills just before kindergarten via a system of positive teaching and behavior-change strategies. The program focuses on both children and their families. KITS program is available at school districts throughout Lane County for children entering kindergarten in the fall. Website available in Spanish

Contact:

10 Shelton McMurphey Blvd Eugene, OR 97401 541-485-2711 Fxt. 1321

<u>KITS@oslc.org</u> www.kidsintransitiontoschool.org





Lane Community College - Black Student Union

The Black Student Union is a student-based organization focused on the cultural, social, and academic needs of African-American students attending Lane Community College. It seeks to build cultural and community bridges in the general context of the academic environment. The BSU is involved with the sponsorship of three campus/community events during the academic year: Kwanzaa; the Martin Luther King, Jr. Celebration; and Black History Month. The BSU is open to all students, regardless of race, creed, color, religious affiliation, or sexual orientation.

Contact:

4000 East 30th Avenue Eugene, OR 97405 541-463-5340

<u>ritesofpassage@lanecc.edu</u> www.lanecc.edu/black-student-union

Lane ESD - African American/Black Student Success

The purpose of the Lane African American/Black Student Success Program is to improve academic outcomes for African American/Black students and to achieve a vision of an equitable education system in Lane County.

Contact:

1200 Highway 99 N Eugene, OR 97402 541-461-8200 laneaabss@lesd.k12.or.us www.lesd.k12.or.us/aabss www.facebook.com/LaneAABSS

The Learning Lab

Join us on a learning journey tailored just for you. Embrace the world of math, science, and social sciences with our experienced tutors. Learning doesn't have to be difficult so whether you're in K-12 or college, we've got you covered. If you are BIPOC or are low-income, we can work with you to find a price that works. We believe everyone has the right to accessible education and resources.

Contact:

545 Helen Street Eugene, OR 97404 323-975-3576

<u>laurauriasflores@gmail.com</u> <u>www.thelearninglab..com</u>

Move Up Tutoring

Staff customizes each lesson to help students develop skills that will set them up for success. Our student-centered tutoring services infuse proven Montessori learning approaches into each session, so students receive the specialized instruction they deserve. Each session is guaranteed to be individualized so that learning style is honored, ever-changing academic needs are met, self-esteem and confidence increase, and enthusiasm for learning returns.

Contact:

3799 Kincaid Street Eugene, OR 97405 541-583-0030

<u>clint@moveuptutoring.com</u> <u>www.moveuptutoring.com</u>





Arc of Lane County - EmployAbility

The Arc believes in helping people not only be in the community but be a part of the community through integrated employment. Whether it's retail, manufacturing, clerical or food services, The Arc helps adults find jobs where they can utilize their strengths, contribute to their community and provide value. There are several components to The Arc's EmployAbility program including:

- Discovery helps adults determine their employment preferences, interests and support needs.
- Employment PATH allows adults to explore potential opportunities, learn about their strengths and what it means to be employed.
- Job Development & Coaching helps adults with their job search and job placement and provides on-site job coaching.
- Starting soon! Summer Work Program– focuses on teaching workforce readiness to young adults (ages 16 to 21), which includes hands-on classroom learning and a paid, community-based internships.

Contact

4181 E Street Springfield, OR 97478 541-343-5256

info@arclane.org www.arclane.org

FOOD for Lane County - Youth Farm

The youth farm is a youth education program training teens in gardening, food systems, leadership development, and nutrition. Youth run an onsite farm stand located on Flamingo Avenue off South Game Farm Road in Springfield. An employment application is available by contacting Youth Farm. Volunteer positions are available as well. Website available in Spanish

Contact:

705 Flamingo Ave. Springfield, OR 97477 541-343-2822

gardens@foodforlanecounty.org www.foodforlanecounty.org

Goodwill Industries of Lane County

Goodwill's Job Connections program is our largest program serving around 700 people a month through our Oregon and Alaska locations. Our services are open to the public and are self-directed. Services include job search assistance, workshops, job leads, computer resources, job fairs, and referrals to both Goodwill programs and community partners.

Experienced Employment Specialists are available to encourage, and work with each individual to help identify skills, experience, and interests and obtain job leads in the community. We offer assistance with resumes, applications, cover letters, networking strategies, interviewing techniques, community resource referrals, and much more. Workshops are also offered each month to help individuals learn about job searching techniques, overcoming a criminal background barrier, interviewing, financial education, and workplace success.

Contact:

1010 Green Acres Road Eugene, OR 97408-6501 541-431-3309

info@goodwill-oregon.org www.goodwill-oregon.org





Lane County Youth Services - (WIA) Workforce Investment Act Youth Program

The purpose of youth programs funded through the Workforce Investment Act (WIA) is to prepare youth to be the future workforce as well as lifelong learners and contributing members of the community. This is expected to be the result of:

- Providing all registered youth with any of the ten mandated service elements they need in order to achieve success. This is done after an
 objective assessment process identifying what services are needed and developing a plan.
- Developing collaborative relationships with other programs, school districts, and employers. Linking academic and occupational learning throughout the youth's program involvement.
- Incorporating summer education and work activities as part of a year-round program.
- Creating strong connections between youth participants and employers so that youth understand the employers' expectations on the worksite.
- Providing follow-up services to all youth for at least a year after they exit from a program.
- Preparing youth for postsecondary educational/training opportunities and/or unsubsidized employment. Emphasizing literacy improvement (basic skills and computer literacy) as the primary goal for youth to achieve while in their programs.
- Addressing the disconnect between what youth know and what employers expect.

Contact

Lane County Youth Services - Martin Luther King Jr Education Center 2515 Martin Luther King Jr. Blvd.

Eugene, OR 97401 <u>Matthew.Sterner@co.lane.or.us</u>
541-682-2416 <u>www.lanecounty.org/cms/youthservices</u>

Lane WorkForce Partnership

In partnership with community partners, Lane Workforce Partnership provides targeted employment services designed to empower eligible adult job seekers in identifying or reestablishing a career path that will promote their success. WorkSource Oregon offers a range of employment services, including career assessment, job training programs, and job search support. Whether individuals are presently unemployed or already in the workforce, they can turn to WorkSource Oregon for guidance and resources to achieve success. **Promotes diversity, equity, and inclusion**

Contact:

2510 Oakmont Way Eugene, OR 97401 541-686-7601

<u>cindy@laneworkforce.org</u> www.laneworkforce.org

Northwest Youth Corps

Since 1984, Northwest Youth Corps and Idaho Conservation Corps have been providing opportunities for youth and young adults to learn, grow, and experience success. Our programs focus on education, challenge, community, leadership, and empowerment, and typically include epic outdoor experiences in some of the most wild and scenic places on Earth. Our programs include residential conservation crews for both youth and young adults, local community crews, community wildfire protection crews, an internship program for college-aged participants, and a fully accredited high school.

Contact:

2621 Augusta Street Eugene, OR 97403 541-349-5055

<u>info@nwyouthcorps.org</u> <u>www.northwestyouthcorps.org</u>





SLLEA - Smart Living, Learning, and Earning with Autism

SLLEA serves adults with higher-functioning autism, working with them to achieve and maintain meaningful independence and self-sufficiency in their lives. They offer vocational career counseling and testing, career exploration, building job skills and experience, and mentoring with local professionals.

Contact:

PO Box 5236 Eugene, OR 97405 541-554-7642

info@sllea.org www.sllea.org/employment

Youth Transition Program - Lane ESD

The Youth Transition Program is a collaboration between the Vocational Rehabilitation Division, Oregon Department of Education, University of Oregon, Lane County school districts, and Career Learning. The program serves students on Individual Education Plans (IEPs), assisting with academic, vocational, independent living, and personal-social skills so students can experience success in the workforce.

Contact:

1200 Highway 99 North Eugene, Oregon 97402 541-461-8200

john.crain@lesd.k12.or.us lesd.k12.or.us/ytp

